

## ATTITUDE AWARENESS LIST OF IDEAS TO USE WITH THE BLANK WORKSHEET

USE THESE TO STIMULATE DISCUSSION & DISCOVERY -- HUMOR IS GOOD -- YOU MAY NOT ARGUE OR JUDGE OR COMPETE

### BEGINNING IDEAS

Red	Yellow	Blue	Your color choice for jacket
Chocolate	Vanilla	Strawberry	Your Ice cream choice
Coffee	Tea	Milk	Beverage choice
Parent	Adult	Child	You pick an airplane seat-mate
Doing	Thinking	Feeling	Best problem-solving style for life
Hamburger	Hot-dog	Pizza	Your snack choice
Black	White	Sugar	How do you like your coffee?
Milk	Sugar	Lemon	How do you like your tea ?
Books	Video	School	How do you learn best ?
Comedy	Murder-Mystery	Melodrama	Which play would you like to see?
Ball-point	Felt-tip pen	Pencil	What do you like to write with ?
Cruise-ship	Automobile	Airplane	How do you like to travel ?
Bedroom	Kitchen	Bathroom	Which Would You remodel?
Live-together	Married	Single	Most rewarding life style ?
Movie	Television	Theater	Entertainment choice
Swim-Pool	Water Bed	Hot Tub	Which would you take as a gift ?
Thinking	Feeling	Doing	Best relationship maintenance ?



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING  
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.