

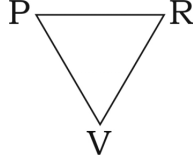
THE ALCOHOLIC FAMILY TRIANGLES

USATAA/ITAA conference. 2007.

Stephen B. Karpman, M.D.

THREE FAMILY ROLES:

Alcoholic P Co-Dependent R

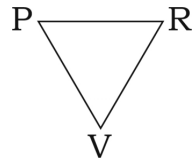


A.C.A. (Adult Child of an Alcoholic)

THE FOUR CLASSIC A.C.A. SCRIPT CHOICES:

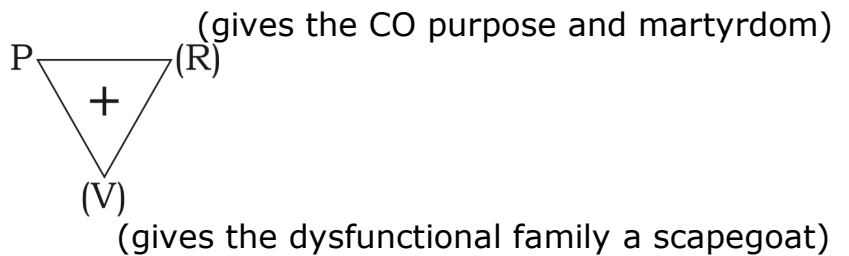
"Scapegoat"

"Hero," "Mascot"



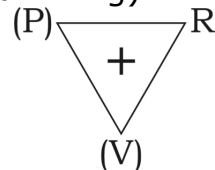
"Lost Child"

COMPASSION TRIANGLE; ALCOHOLIC AS IDENTIFIED PERSECUTOR:



COMPASSION TRIANGLE; CO-ALCOHOLIC AS IDENTIFIED RESCUER:

(dealing too soft or too hard enables drinking)

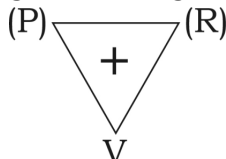


(Co trapped by guilt and needs)

COMPASSION TRIANGLE; A.C.A - IDENTIFIED PATIENT, OR IDENTIFIED GOLDEN CHILD

As Scapegoat exposes family problems

As Mascot or Hero masks family problems



As Lost Child escapes family problems