

NEEDS

CHECK THE 10 THAT YOU WOULD LIKE TO EXPLORE, LEARN ABOUT, DEVELOP, OR A SKILL THAT YOU WOULD LIKE TO DEVELOP NOW

- | | | | | |
|--|---|--|--|--|
| <input type="checkbox"/> Acceptance | <input type="checkbox"/> Intimacy | <input type="checkbox"/> Achievement | <input type="checkbox"/> Involvement | <input type="checkbox"/> Activity |
| <input type="checkbox"/> Justice | <input type="checkbox"/> Adventure | <input type="checkbox"/> Knowledge | <input type="checkbox"/> Affection | <input type="checkbox"/> Leadership |
| <input type="checkbox"/> Affiliation | <input type="checkbox"/> Love | <input type="checkbox"/> Approval | <input type="checkbox"/> Motivation | <input type="checkbox"/> Belief |
| <input type="checkbox"/> Open-Mindedness | <input type="checkbox"/> Career | <input type="checkbox"/> Organization | <input type="checkbox"/> Caution | <input type="checkbox"/> Optimism |
| <input type="checkbox"/> Change | <input type="checkbox"/> Opportunity | <input type="checkbox"/> Compassion | <input type="checkbox"/> Parenting | <input type="checkbox"/> Compromise |
| <input type="checkbox"/> Philosophy | <input type="checkbox"/> Competition | <input type="checkbox"/> Patience | <input type="checkbox"/> Commitment | <input type="checkbox"/> Purpose |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Relaxation | <input type="checkbox"/> Consistency | <input type="checkbox"/> Relationships | <input type="checkbox"/> Control |
| <input type="checkbox"/> Respect | <input type="checkbox"/> Confidence | <input type="checkbox"/> Responsibility | <input type="checkbox"/> Contribution | <input type="checkbox"/> Risk |
| <input type="checkbox"/> Contentment | <input type="checkbox"/> Security | <input type="checkbox"/> Common-Sense | <input type="checkbox"/> Self-Understand | <input type="checkbox"/> Coping |
| <input type="checkbox"/> Self-Acceptance | <input type="checkbox"/> Cooperation | <input type="checkbox"/> Self-Esteem | <input type="checkbox"/> Courage | <input type="checkbox"/> Simplicity |
| <input type="checkbox"/> Creativity | <input type="checkbox"/> Solitude | <input type="checkbox"/> Discipline | <input type="checkbox"/> Sharing | <input type="checkbox"/> Decision-Making |
| <input type="checkbox"/> Structure | <input type="checkbox"/> Determination | <input type="checkbox"/> Sex-Fulfillment | <input type="checkbox"/> Encouragement | <input type="checkbox"/> Success |
| <input type="checkbox"/> Endurance | <input type="checkbox"/> Successful Aging | <input type="checkbox"/> Excellence | <input type="checkbox"/> Support | <input type="checkbox"/> Exercise |
| <input type="checkbox"/> Trust | <input type="checkbox"/> Enthusiasm | <input type="checkbox"/> Truth | <input type="checkbox"/> Faith | <input type="checkbox"/> Values |
| <input type="checkbox"/> Forgiveness | <input type="checkbox"/> Win | <input type="checkbox"/> Freedom | <input type="checkbox"/> Wealth | <input type="checkbox"/> Friends |
| <input type="checkbox"/> Growth | <input type="checkbox"/> Anger | <input type="checkbox"/> Guidance | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Harmony |
| <input type="checkbox"/> Criticism | <input type="checkbox"/> Humility | <input type="checkbox"/> Emotions | <input type="checkbox"/> Honesty | <input type="checkbox"/> Fear |
| <input type="checkbox"/> Health | <input type="checkbox"/> Guilt | <input type="checkbox"/> Hope | <input type="checkbox"/> Hurt | <input type="checkbox"/> Humor |
| <input type="checkbox"/> Insecurity | <input type="checkbox"/> Initiative | <input type="checkbox"/> Laziness | <input type="checkbox"/> Independence | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Integrity | <input type="checkbox"/> Stress | | | |

VALUES

CHECK THE 10 THAT BEST REPRESENT WHO YOU ARE AND WHAT YOU BELIEVE OR WANT TO BECOME IN THE FUTURE

- | | | | | |
|--|--|---------------------------------------|---|--|
| <input type="checkbox"/> Active | <input type="checkbox"/> Humorous | <input type="checkbox"/> Adventurous | <input type="checkbox"/> Imaginative | <input type="checkbox"/> Affectionate |
| <input type="checkbox"/> Independent | <input type="checkbox"/> Ambitious | <input type="checkbox"/> Innovative | <input type="checkbox"/> Appreciative | <input type="checkbox"/> Intelligent |
| <input type="checkbox"/> Assertive | <input type="checkbox"/> Likable | <input type="checkbox"/> Calm | <input type="checkbox"/> Logical | <input type="checkbox"/> Capable |
| <input type="checkbox"/> Loving | <input type="checkbox"/> Caring | <input type="checkbox"/> Mature | <input type="checkbox"/> Committed | <input type="checkbox"/> Objective |
| <input type="checkbox"/> Competent | <input type="checkbox"/> Open | <input type="checkbox"/> Courageous | <input type="checkbox"/> Optimistic | <input type="checkbox"/> Communicative |
| <input type="checkbox"/> Organized | <input type="checkbox"/> Compassionate | <input type="checkbox"/> Patient | <input type="checkbox"/> Competitive | <input type="checkbox"/> Perceptive |
| <input type="checkbox"/> Creative | <input type="checkbox"/> Persistent | <input type="checkbox"/> Confident | <input type="checkbox"/> Persuasive | <input type="checkbox"/> Cooperative |
| <input type="checkbox"/> Philosophical | <input type="checkbox"/> Decisive | <input type="checkbox"/> Passionate | <input type="checkbox"/> Dedicated | <input type="checkbox"/> Productive |
| <input type="checkbox"/> Dependable | <input type="checkbox"/> Powerful | <input type="checkbox"/> Determined | <input type="checkbox"/> Positive | <input type="checkbox"/> Dignified |
| <input type="checkbox"/> Pragmatic | <input type="checkbox"/> Disciplined | <input type="checkbox"/> Principled | <input type="checkbox"/> Discriminating | <input type="checkbox"/> Realistic |
| <input type="checkbox"/> Enterprising | <input type="checkbox"/> Reasonable | <input type="checkbox"/> Energetic | <input type="checkbox"/> Reflective | <input type="checkbox"/> Effective |
| <input type="checkbox"/> Responsible | <input type="checkbox"/> Efficient | <input type="checkbox"/> Resourceful | <input type="checkbox"/> Emotional | <input type="checkbox"/> Resolute |
| <input type="checkbox"/> Empathic | <input type="checkbox"/> Respectful | <input type="checkbox"/> Enthusiastic | <input type="checkbox"/> Secure | <input type="checkbox"/> Encouraging |
| <input type="checkbox"/> Self-respecting | <input type="checkbox"/> Fair | <input type="checkbox"/> Secure | <input type="checkbox"/> Far-sighted | <input type="checkbox"/> Sensible |
| <input type="checkbox"/> Faithful | <input type="checkbox"/> Sensitive | <input type="checkbox"/> Flexible | <input type="checkbox"/> Sincere | <input type="checkbox"/> Forgiving |
| <input type="checkbox"/> Skillful | <input type="checkbox"/> Free | <input type="checkbox"/> Sociable | <input type="checkbox"/> Friendly | <input type="checkbox"/> Spontaneous |
| <input type="checkbox"/> Generous | <input type="checkbox"/> Spirited | <input type="checkbox"/> Genuine | <input type="checkbox"/> Strong | <input type="checkbox"/> Good-natured |
| <input type="checkbox"/> Stimulating | <input type="checkbox"/> Hard-working | <input type="checkbox"/> Trusting | <input type="checkbox"/> Happy | <input type="checkbox"/> Thoughtful |
| <input type="checkbox"/> Helpful | <input type="checkbox"/> Unstructured | <input type="checkbox"/> Healthy | <input type="checkbox"/> Well-adjusted | <input type="checkbox"/> Honest |
| <input type="checkbox"/> Wise | <input type="checkbox"/> Humble | <input type="checkbox"/> Zestful | | |



OPINIONS AND FEELINGS ARE FREQUENTLY A PERSONAL TRIUMPH OVER GOOD THINKING
YOU DEFINE REALITY BY WHAT YOU KNOW, WHAT YOU BELIEVE, AND WHAT YOU DO ABOUT IT.