

# INTP

## Dominant Introverted Thinking Auxiliary Extraverted Intuition

INTPs are creative problem solvers, able to gather a great deal of information, analyze it logically, and arrive at clear and concise solutions. INTPs find change an exciting challenge. They tend to get bored with routine; a new problem and new information stimulate them to intense mental activity. The structure for understanding that they develop is likely to be comprehensive and complex, including all the nuances and possibilities. However, they are often satisfied with completing this internal process and may not then take action to implement their structure. They can also overlook the necessary details and the human factors.


### When They Have to Deal with Losses

*INTPs contribute by:*

- Being open to losses—they can easily cut off and move on
- Flexibly adapting to changes
- Seeing losses as opportunities
- Staying detached and logical
- Providing a concise rationale

*INTPs have difficulty with:*

- Deciding when it's time to end—the internal processing has to come first
- Accepting the realities
- Taking care of the details
- Dealing with others' feelings, with people issues

### During the Transition Period

*INTPs report the following reactions:*

- Can become apathetic and withdrawn
- Try to figure things out, make sense of what is happening
- Become resigned and fatalistic—"these things happen"

*INTPs tend to focus on:*

- All the possibilities (probably endless)
- Internal processing—understanding
- Seeing the present in the perspective of the past and future
- Creating the future internally

### During the Startup Phase

*INTPs report the following as obstacles to starting:*

- Having to begin on someone else's schedule—they have their own timing
- Sometimes isolating themselves and/or procrastinating
- Dealing with the details
- Being required to include other people

*INTPs contribute by:*

- Seeing the whole picture
- Coming up with and selling the plan
- Embracing change and making changes quickly
- Leaving the past behind

*What INTPs need during a time of change:*

- Independence—to evaluate the situation by their own standards
- The big picture
- A great deal of information
- Open-ended time frames—not to be pushed
- To be in on the planning

*What INTPs report when not supported in a time of change:*

- Withdraw
- Procrastinate
- Find it difficult to focus or apply themselves
- Resist and resent
- Become cynical and sarcastic critics